

Sunday, 21st November, 2021. Our Lord Jesus Christ, King of the Universe

www.carlowcathedral.ie

The Parish Team

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Volunteers Urgently Needed

Volunteers are required to assist with the Basket Collections at all weekend Masses in the Cathedral. If you are willing to help out with this important task, please leave your name and contact details into the Parish Office as soon as possible.

Thank You.

COVID 19 Pandemic – Attendance at Mass and Ceremonies in Carlow Cathedral

The safety of all persons who attend the Cathedral, either for private prayer or attendance at Mass or other Celebrations, is of the utmost importance in these pandemic times. In order to fulfil its obligations, and in accordance with HSE Public Health guidelines, the Parish requests compliance with the following:-

- Hand sanitisers must be used on entry and exit from the Cathedral
- Masks or other acceptable face coverings must be worn by members of the congregation at all times within the Cathedral. Masks must cover both the nose and mouth
- Members of Parish Clergy, its Staff or Stewards are authorised to insist on compliance if they
 observe non-wearing, or improper wearing of masks
 - As per instruction from the Irish Bishops, Communion can be received on the hand only
- Where someone attends for private prayer during the day, they are asked to take a wipe from the tub at the back of the Church and to use it to wipe down their seat before they leave. The used wipe can be disposed of in the waste basket at the back of the Church
- Whenever possible, social distancing should be practised, particularly on entering and leaving the Church. Queuing is strongly discouraged.

With the current increased numbers of infections in the community your own safety, and that of your families and friends, is your responsibility. Please Clean Your Hands, Wear Your Mask, and Keep Your Distance.

Bluebird Care are currently hiring experienced Care Assistants and Nurses for Carlow Town and surrounding areas to work with clients in their own home.

If you are interested in finding out more about our opportunities, please email your CV to ckw@bluebirdcare.ie or call 056 7789952.

COVID-19 Support Line for Older People

ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024.

Mass in the Cathedral for the week of the 22nd November - 28th November

Monday to Friday: **7.30am, 10am and 1pm**Saturday: **10am and 6.15pm Vigil**Sunday: **8.30am, 10.30am, 12.30pm and 7pm**Adoration: **4pm - 6pm Monday to Friday**

ALL MASSES AVAILABLE ON CATHEDRAL PARISH WEBCAM: http://www.carlowcathedral.ie/webcam/

November Plenary Indulgence

The Vatican has decided to grant Catholics who visit a cemetery to pray for the dead on any day in the month of November a plenary indulgence.

Usually, the Catholic Church only grants this plenary indulgence for the souls in Purgatory to those who pray in a cemetery on November 1st to 8th, which is the week of the Solemnity of All Souls' Day.

Last year, due to the COVID-19 pandemic, the Apostolic Penitentiary issued a decree that extended the availability of some plenary indulgences because of concerns about avoiding large gatherings of people in churches or cemeteries. The Vatican has issued the same decree this year during the month of November.

The specific November 2nd plenary indulgence one can obtain for the souls in Purgatory by visiting a church or an oratory and reciting an Our Father and the Creed, can now also be done on any day in November.

What is a Plenary indulgence?

A plenary indulgence is a grace granted by the Catholic Church through the merits of Jesus Christ, Mary, and all the saints to remove the temporal punishment due to sin. The indulgence cleanses a person of all temporal punishment due to sin. However, it must always be accompanied by a full detachment from sin.

Conditions to receive a plenary indulgence in all cases:

- Detachment from all sin, even venial.
- Sacramental confession, Holy Communion and prayer for the intentions of the pope. Sacramental confession and receiving the Eucharist can
 happen up to about 20 days before or after the act performed to receive a plenary indulgence.

It is appropriate that Communion and the prayer take place on the same day that the work is completed. One sacramental confession is sufficient for

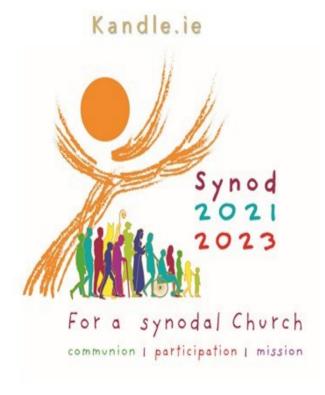
several plenary indulgences. However for each plenary indulgence one wishes to receive, a separate reception of the Eucharist and a separate prayer for the intentions of the Holy Father are required.

The Vatican decree issued due to the pandemic allows Catholics who are unable to leave their home, such as the sick or elderly, to still obtain a plenary indulgence by reciting prayers for the dead before an image of Jesus or the Blessed Mother. Examples of prayers homebound Catholics can pray include the rosary, the Chaplet of Divine Mercy, lauds or vespers of the Office for the Dead, or by performing a work of mercy by offering their pain to God.

Uniting in Prayer as a Diocesan Family



Join with Bishop Denis in praying the Synod Prayer as we take a first step in our journey towards 'walking together' more deeply as a Church.



We stand before You, Holy Spirit, as we gather together in Your name.

With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it.

We are weak and sinful;
do not let us promote disorder.
Do not let ignorance lead us down the
wrong path
nor partiality influence our actions.

Let us find in You our unity
so that we may journey together to eternal
life
and not stray from the way of truth
and what is right.

All this we ask of You,
who are at work in every place and time,
in the communion of the Father and the Son,
forever and ever. Amen.