



Cathedral of the Assumption

Sunday, 9th July 2023.

14th Sunday of Ordinary Time

Parish Facebook... Carlow cathedral parish
Parish Twitter @carlowcathedral

The Parish Team

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"Listen!"

We are invited to set aside two periods of fifteen minutes during this week to reflect of two phrases from this weekends Gospel text from St. Matthew.

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Jesus exclaimed; "I bless you Father, Lord of heaven and earth!"

Take a few minutes to personalise the words of Jesus. "I bless you, Father."

We take so much for granted.

We see the good things in our lives as rights, rather than as gifts and as blessings.

Ingratitude is pandemic!

Jesus experienced ingratitude.

Only one of the ten people he healed of leprosy came back to show appreciation.

Be aware of your blessings....

Be still... Be silent... Give thanks... Bless God!

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Jesus exclaimed; "Come to me all you who labour and are overburdened!"

Listen! Spend a few minutes in silence.

Invite the Holy Spirit to be with you, that your listening may become holy listening!

What is the Lord asking of you right now? Be still, be silent, be present!

What are the burdens that the Lord is inviting you to let go of right now?

Jesus is gentle. Experience his gentleness, his presence, his closeness.

"You will find rest for your souls." Be still. Be quite. Rest with the Lord!

Allow your burden to lighten, trust in the Lord.

Allow Jesus who is entrusted with everything by his Father to reveal himself to you, to reveal the Father to you, to unburden you, to love you!

Prayer and Mass in the Cathedral

Sunday: 8.30am, 10.30am, 12.30pm and 7pm

Monday to Friday: 7.30am, 10am

Saturday: 10am and 6.15pm Vigil

Sacrament of Reconciliation: Saturday following the 10am Mass

Adoration: Monday to Friday—5pm to 6pm

St Mary's Cemetery Mass

Monday 10th July 7:30pm

Parking:

St. Laserian's School, The Youth Centre, Nua (formerly Braun), Carlow Town Hurling Club, O'Hanrahan's GAA Club

Ministers of Holy Communion are asked to assemble at the Altar area at 7.15pm

Pope Francis reflects on Jesus' promise of eternal life:

"I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die."

Jesus' promise is a challenge to believers,

"We, too, are called to believe in the resurrection, not as a kind of distant mirage but as an event already present and even now mysteriously at work in our lives."

We remember in our prayer

James Greene,

Carlow Town, Carlow / Graiguenamanagh, Kilkenny

May all our dead, rest in peace.

We pray God's comfort on all who are bereaved

Catholic Grandparent Association

Pope Francis has declared Sunday 23rd July as World Day for Grandparent & Older People.

The National Grandparents Pilgrimage on Sunday 23rd at Knock Shrine will be led by Bishop Denis.

The theme of the day is

'His mercy is from age to age'

Sacrament of the sick is at 2.30pm and Mass at 3pm.

Families from the diocese are encouraged to travel

We are running a bus to Knock on

Sunday leaving outside St Leos @ 8am

Booking Essential @ the Parish Office Phone 059 9164086

Fee €25

Uisce For Tanzania

All donations are deeply appreciated.

IBAN NO

IE98..BOFI..9067..3426..2002..62 or

Uisce for Tanzania gofundme page

Coffee Morning in An Gairdín Beo

Every Wednesday from 11.00 am - 12.30 pm

Organic Vegetables for sale. Remember to bring your own bag.

No parking available, All welcome

Retracing the footsteps of St Brigid and St Conleth

An 8km walk on the Curragh Plains led by Bishop Nulty takes place on Saturday 29th July. The walk begins at St Anne's School, The Curragh at 12noon and concludes with a prayer service in St Brigid's Church, Kildare at 4pm. Refreshments will be available and all are welcome to join. To register for the walk please contact

Aras Bhríde on 045-521352 or

email kildareparish@gmail.com

Laois Relay for Life 2023

Relay for Life Laois will be back at Emo Court again this year on July 29th & 30th! Relay For Life is a celebration of solidarity and helps to raise awareness of the services provided by the Irish Cancer Society locally.

If you can't make it to the full event, please come along even for a short while, walking is free! You can donate to any one of the registered walking teams / your favourite fundraising individual at www.relayforlife.ie/event/laois/donate Or you can buy a Candle of Hope bag (five euro each) and dedicate it to a loved one and join us at the Candle of Hope ceremony on July 29th at dusk for an evening of music and remembrance.

Any query you may have about the event: Caroline: 087 4499903,

Alan: 086 1222227, Fran: 087 9161924 Facebook: [https://](https://www.facebook.com/RelayForLifeLaois/)

www.facebook.com/RelayForLifeLaois/

Cathedral Collections

Last Weekend

Offertory € 1018.65

Development € 2195.25

Sincere thanks for your generosity.

Childrens Summer Camp

Designer Minds have two upcoming Summer Camps running in Carlow.

Choose a Science Design &

Technology Camp OR Art Camp

(or try out both and receive a discount).

For all boys & girls currently in Senior Infants up to 6th Class. Check Dates and Register online

at www.designerminds.ie or call 087 631 0411

Carlow County Museum

Visit Carlow County Museum and get a snapshot of our great history and see objects of national and

international importance. Undertake our children's

Museum Detective challenge! Open seven days a

week, Free Admission. Carlow County Museum &

Carlow Tourist Office, College Street, Carlow Town.

Tel: 059-9131554, www.carlowmuseum.ie.

Youth 2000 Summer Festival this August

Young people between 16 and 35 welcome!

The festival takes place at

Clongowes Wood College, Clane, Co Kildare from

Thursday 10th August to Sunday 13th August 2023.

The festival includes inspiring talks, music, prayer,

concert, workshops, dramas, share groups,

reconciliation and healing service and Mass.

Donation only and we have buses traveling from all

over Ireland. For more information and to book your

place go to www.youth2000.ie

Glór Cheatharlach

COMHRÁ GAEILGE:

The weekly gatherings 'as Gaeilge' in Lamberts Cafe,

Dublin Street are currently on summer break.

Comhrá will return in September.

Bob's Your Uncle Lotto Results

Sunday 2nd July

€20,000 Jackpot

4-8-11-14

No Jackpot Winner.

3 Match 3 winners €500.

Jackpot this Sunday - €20,000