

Cathedral of the Assumption

Sunday, 22nd February 2026

FIRST SUNDAY OF LENT

Parish Facebook... Carlow cathedral parish
Parish Twitter @carlowcathedral



The Parish Team

Fr. Thomas O'Byrne Adm.

Fr Yanbo Chen CC

Fr Theodore Tomasik CC

The Presbytery,

Old Dublin Road,

Carlow.

Tel: 059 913 1227

Priest on Duty

(089)2432663

Deacon David O'Flaherty

Child Safeguarding Reps

Richard Hoolan

Niamh Brennan

059 9164087

Diocesan Designated

Liaison Person

Ms Michelle Hughes

Email: dlp@kandle.ie

Tel: 086 171 0643

Parish Centre

Tel: 059 9164087

info@carlowcathedral.ie

Newsletter

info@carlowcathedral.ie

By 4pm Wednesday

Banking Details

Carlow Parish Account

IBAN; IE66 AIBK 9331

0405 634065

BIC AIBKIE2D

Carlow Parish Clergy

IBAN; IE55 AIBK 9331

0405 6346 51

BIC AIBKIE2D

Gospel Link: Baptised and Sent by the Spirit

As we start our 40 days of Lent, in today's gospel we see Jesus undertaking a similar discipline and experiencing the very human realities of temptation and hunger along the way. Having just been baptised, he is led by the Spirit. Within the struggle of the desert, we see that Jesus is not alone. God sends angels to take care of him.

This gospel passage is a timely reminder that we follow in the footsteps of Jesus who came among us to show us the way to God. Like Jesus, as baptised people we are led by the Spirit. We are never alone in our attempts to turn back to God and renew our lives. Led by the Spirit, we have Jesus and God's angels as our companions to give us strength and to bring us closer to God, the source of our life; we need never be afraid or alone. This Lent, where is the Spirit leading you? (Julie Kavanagh)

(For deeper connection with the Gospel see synod.ie for Baptised and Sent in Lent – a reflection series for Lent)



Digging Deeper – Living Lent: Some suggestions for the week

† Reflect on next Sunday's Gospel using the material from 'Baptised and Sent in Lent'. Look out for local group sessions or set up your own group. Resources on www.synod.ie

† Make the Sign of the Cross when leaving your home/passing a church/cemetery/ before & after a meal

† Give up social media for an evening (or more!)

† Take a pause when you want to give out

† Give up a coffee/ a meal and donate the money you save

† Support Trócaire's Lenten appeal

LENTEN TROCAIRE PACKS FOR YOUR HOME ARE

AVAILABLE IN THE CATHEDRAL

PRAYER... FASTING... AND ALMSGIVING.... ARE OUR THREE DISCIPLINES IN LENT.

TROCAIRE IS OUR CATHOLIC OUTREACH TO THE DEVELOPING WORLD....

WE REACH OUT THROUGH OUR ALMSGIVING

This year our Trocaire Lenten journey accompanies a three-generation family in rural Rwanda, led by Uwamahoro, a young mother supporting her daughter, niece and elderly mother. Through their story, we are invited to reflect on the Gospel call to justice, resilience and care for our common home, and to connect faith with action in response to the climate crisis and its impact on vulnerable communities.

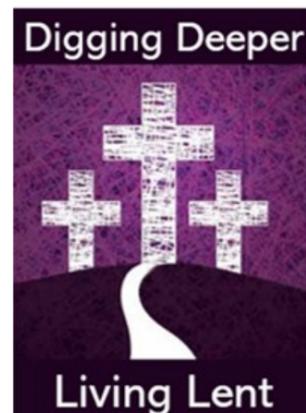
MASSSES AT THE CATHEDRAL

Weekend: Vigil Saturday 6.15pm, Sunday 8.30am, 10.30am, 12.30pm, and 7pm.

Weekdays: Monday to Friday 7.30am and 10am. Saturday 10am

SACRAMENT OF RECONCILIATION

Saturday following the 10am Mass



Trocaire
TOGETHER FOR A JUST WORLD

Lent 2026!

Lenten Practices in the Parish

- ◆ Stations of the Cross every Monday after 10am Mass
- ◆ Learn to meditate on a Monday 7pm Parish Centre
- ◆ Lenten Scripture Group every Friday 10.30am Parish Centre
- ◆ Holy Hour every Friday evening in the Cathedral at 7pm.

BAPTISED AND SENT IN LENT is a five session Gospel reflection series for Lent prepared by the National Synod Team. Each session offers a simple structure for prayer, Gospel reflection and conversations that are linked to key insights from Baptised and Sent – the preparatory document for the pre-synodal assembly last October. The themes for each week, such as belonging, healing, renewal, and mission, come from that document

- reflecting conversations held across the country in Spring 2025.

This Lent, why not gather a small group and use the resources on the home page of www.synod.ie

Lenten Holy Hour

Cathedral at 7pm each Friday evening of Lent.

The theme of the Holy Hour on Friday 27th is Prayer...

Jesus prayed in the desert.... We will spend time with Jesus in prayer recalling and reflecting on how Jesus taught his disciples to pray....

Join us in person or on the WebCam

Learn to Meditate during Lent

Carlow Meditation Group meets on Monday evenings from 7pm to 7:45pm in the Cathedral Parish Centre, College Street, Carlow - excluding bank holidays. Meditation, the universal practice of silent contemplation, can awaken the heart, deepen our spiritual sensitivity and promote our wellbeing.

During each Monday of Lent there will be an introduction to meditation for beginners. All are welcome - no experience needed. No need to book – just turn up on any Monday evening!

(Noel Keating, 087 2251183)

Lenten Parish Scripture Group

Our Lenten Scripture Group reflecting on the Scriptures of the Sundays of Lent takes place each Friday morning in the Parish Centre following the 10am Mass. The group is led by Dr Amelia Fleming, Lecturer in Biblical Studies at Carlow College, St Patrick's.

Everyone is welcome.

Rainbows Carlow

The Spring term of peer support groups commencing this Monday 23rd Feb, at 4.30pm in Askea Parish Centre.

Contact rainbows.carlowtown@gmail.com or 087 1256199

MONSTER BINGO

1st March at 3:00pm



Bob's Your Uncle Lotto

Jackpot

Sunday 22nd February

€8,500

Numbers drawn on 15th February

5-16-18-26

5 Match 3 winners share €500

Priest Visit

If you or a family member resident within the Cathedral Parish area is housebound and would like a visit from a Priest, please contact the Parish Centre with the name, contact details and address (incl. Eircode).

Cathedral Collections

Last Weekend

Offertory €1,043.64

Development € 2,072.01

Your kind generosity is deeply appreciated

Foroige Youth Clubs

Looking for adult volunteers to help run the club's weekly meetings. Please make contact to register your interest.

Aidan Gleeson 0860674485 oeraidan.gleeson@foriige.ie

Safeguarding Sunday

This weekend we mark Safeguarding Sunday across our Diocese. In prayer we remember all our young people and their families. We pray for all who are involved in ministry with young people. We annunciate our commitment to best Safeguarding practices. We remember those who are survivors of breaches of trust when they were young. We pray for those who hurt and are in pain because of neglect. Safeguarding Newsletter available in the Cathedral, Kandle.ie and the Cathedral Website.

The Mother and Baby Institutions Payment Scheme

The Mother and Baby Institutions Payment Scheme launched in March 2024

following the Government agreed actions arising from the

Commission of Investigation into Mother and Baby homes and related matters. The Payment scheme provides financial payments, and health supports to eligible people. For information and application

visit: www.gov.ie/en/department-of-children-disability-and-equality/campaigns/mother-and-baby-institutions-payment-scheme/

Contact Helpline: 01 522 9922 .

Divine Mercy

Divine Mercy RDS Bus leaving Carlow, Saturday, 28th February.

To reserve seat Ph Noleen 086 2415986.

Collectors Required

In order to assist with the weekly Development Fund and Offertory Collections at weekend Masses, we are seeking volunteers to take on this task on a regular basis.

If you can help at our Saturday evening or Sunday Masses, we would greatly appreciate it.

Please give your name and contact details to a member of the Parish Clergy, the Sacristan, or the Parish Office. Alternatively, just speak to one of the regular collectors and offer your help.

Sharing from the Table of the Lord: Training for Extraordinary Ministers of Holy Communion

Would you like to be a Minister of Holy Communion, or are you already one and would like to refresh your training and formation for this ministry?

If you would like to attend this training to serve as a minister in your parish, please contact the parish office or one of the Parish Team. Training will be held in the Cathedral Parish Centre on 7th March.

Catholic Couples — Date Night

Join us for an unforgettable evening with Mark & Anne O'Leary — inspiring talks, laughter, faith, and a gorgeous 4 course meal! Sat 18 April • 7pm • Armagh City Hotel • Fun prizes • Great atmosphere • A perfect night out together!

For more information or to book contact: info@catholicmothers.ie

Marriage Enrichment Weekend

Catholic Marriage Encounter in Ireland, Dates: 20 -22 March 2026, Venue: "St Marys" Knock, Co. Mayo. A WEEKEND LIKE NO OTHER. Online: www.marriageencounter.ie